CREA COMMUNITY OF RESEARCH ON EXCELLENCE FOR ALL

Dialogic Gatherings in Mental Health (DGMH)

Dialogic Literary Gatherings (DLG) were identified in 1979 by an interdisciplinary team of researchers, co-creating with patients and other citizens, as being very successful in improving the well-being and recovery of patients with mental health conditions. In the current 21st century, the DLG are being implemented in health and mental health centers, achieving a great social impact, improving the well-being and recovery of patients with mental health conditions. Besides DLG, other DG are also being implemented with successful results, including Dialogic Musical Gatherings (DMG), Dialogic Feminist Gatherings (DFG), and Dialogic Intellectual Gatherings (DIG).

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